

Proclamation

As mothers, co-workers and friends, women have the opportunity to set examples of healthy living for those around them.

Creating a healthy lifestyle means more than living with the absence of disease; it is the state of total wellness that encompasses mental, emotional and social well-being. It is important for women to make a commitment to lifelong health in order to benefit women as individuals, their families and loved ones.

The Commission on the Status of Women, along with public and private partners, will coordinate the observance of the 12th annual Women's Health Month this September with many activities around the state.

Throughout the month of September, hundreds of events will be sponsored by organizations in Hawai'i, including Studio Maui, Kaiser Permanente, Kapi'olani Women's Center, University of Hawai'i Community Health Workshops, Kokua Kalihi Valley Comprehensive Family Services, Waimanalo Health Center, Edward Jones Financial Managers, the Healing Arts Center, Tutu's House Waimea Community Health Wellness Resource Center Kamuela.

The purpose of this observance is to raise the public's awareness of women's health issues, empower women to be their own health advocates, reduce healthcare disparities throughout our islands and promote the physical and mental well-being of women in Hawai'i.

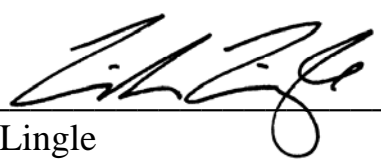
Women in every stage of life have unique health needs that should be carefully addressed. The public can obtain information at hundreds of events during this month long awareness campaign on how to prevent cancer, osteoporosis and violence against women; promote healthy lifestyles, aging and reproductive health; and, create and maintain healthy relationships and financial well-being.

THEREFORE, I, LINDA LINGLE, Governor of the State of Hawai'i and **I, JAMES R. "DUKE" AIONA, JR.**, Lieutenant Governor, do hereby proclaim **September 2006** as

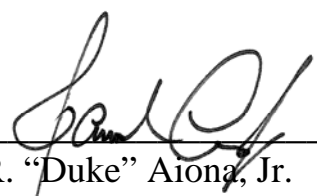
WOMEN'S HEALTH MONTH

in Hawai'i, and encourage all of our citizens to increase awareness and understanding of women's health issues.

Done at the State Capitol, in the Executive Chambers, Honolulu, State of Hawai'i, this seventh day of September 2006.



Linda Lingle
Governor, State of Hawai'i



James R. "Duke" Aiona, Jr.
Lieutenant Governor, State of Hawai'i